	1st Raja	sthan Open Senior Athletics Char	mpionships 2023		
Sri Ganganagar, Rajasthan					
		1-2 October 2023			
	05	RDER OF EVENTS - DAY 1 (1st Oct	obor 2023)		
SN	TIME	EVENT	CATEGORY	ROUND	
1	07:15 HRS	10000M	MEN & WOMEN	FINAL	
2	07:20 HRS	TRIPLE JUMP	WOMEN	FINAL	
3	07:20 HRS	SHOT PUT	MEN	FINAL	
4	08:30 HRS	100M	MEN	HEATS	
5	08:30 HRS	TRIPLE JUMP	MEN	FINAL	
6	08:30 HRS	HIGH JUMP	WOMEN	FINAL	
7	09:00 HRS	400M	MEN	HEATS	
8	09:20 HRS	HIGH JUMP	MEN	FINAL	
9	09:30 HRS	1500M	MEN	FINAL	
10	10:00 HRS	SHOT PUT	WOMEN	FINAL	
11	10:00 HRS	1500M	WOMEN	FINAL	
12	11:00 HRS	HAMMER THROW	WOMEN	FINAL	
13	12:10 HRS	HAMMER THROW	MEN	FINAL	
14	13:30 HRS	DISCUS THROW	WOMEN	FINAL	
15	14:00 HRS	100M	MEN	FINAL	
16	14:20 HRS	100M	WOMEN	FINAL	
17	14:30 HRS	DISCUS THROW	MEN	FINAL	
18	14:30 HRS	400M	MEN	FINAL	
19	14:40 HRS	400M	WOMEN	FINAL	
20	15:00 HRS	3000M SC	MEN	FINAL	
21	15:30 HRS	3000M SC	WOMEN	FINAL	
	1st Raja	sthan Open Senior Athletics Char	mpionships 2023	•	
		Sri Ganganagar, Rajastha	n		
	1-2 October 2023				
	OR	DER OF EVENTS - DAY 2 (2nd Oct	tober 2023)		
SN	TIME	EVENT	CATEGORY	ROUND	
1	06:00 HRS	20000M RACE WALK	MEN & WOMEN	FINAL	
2	07:00 HRS	LONG JUMP	WOMEN	FINAL	
3	07:00 HRS	JAVELIN THROW	WOMEN	FINAL	
4	08:00 HRS	POLE VAULT	MEN	FINAL	
5	07:40 HRS	200M	MEN	HEATS	
6	08:00 HRS	5000M	MEN	FINAL	
7	08:00 HRS	LONG JUMP	MEN	FINAL	
8	08:40 HRS	5000M	WOMEN	FINAL	
9	09:00 HRS	JAVELIN THROW	MEN	FINAL	
10	09:30 HRS	110M HURDLES	MEN	FINAL	
11	09:30 HRS	POLE VAULT	WOMEN	TRIAL	
12	09:50 HRS	100M HURDLES	WOMEN	FINAL	
13	10:10 HRS	400M HURDLES	MEN	FINAL	
14	10:30 HRS	400M HURDLES	WOMEN	FINAL	
15	10:45 HRS	800M	MEN	FINAL	
16	11:00 HRS	800M	WOMEN	FINAL	
17	11:15 HRS	200M	MEN	FINAL	
18	11:30 HRS	200M	WOMEN	FINAL	